



# Stockholm beaches: where to swim?

## Our top 6

By Floriane

In spring and summer, it can still be very hot in Sweden. We took full advantage of the incredible facilities on offer in Stockholm and around the Swedish lakes.

Don't forget to take a dip when you [visit Stockholm](#) or Sweden in general, as almost every lake has a small wooden pontoon (super cute), a few picnic tables and a fire pit.

Below, we share with you our **6 most beautiful beaches** or **places** (sometimes just a small pebble) to cool off in Stockholm or the immediate vicinity. We've also grouped our **favorite beaches** on our map to help you find them easily.

[toc]

## Where to swim in Stockholm

You can either take advantage of the **small beaches** (stranden in Swedish) or the

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**bathing areas** (badplats in Swedish) to cool off on hot Swedish summer days. Yes, it's possible: we've had temperatures of up to 30 degrees in the middle of summer. Don't expect big sandy beaches: in Stockholm, beaches are usually green spaces, pontoons or pebbles.

There are several **beaches** close to Stockholm. And don't forget to explore the beautiful nature parks and lakes around Stockholm. Bathing areas in the heart of nature invite you to take a dip.

Even from June to September, the water temperature remains cool. Matthieu and our daughter enjoyed it all the same, but I never managed to get above the knees  
#teamfrileuse

## What are Stockholm's best beaches?

We list below the 6 most beautiful places to swim in Stockholm.

### 1. Tanto Beaches: closest to Stockholm

**Tanto beach** (Tanto strandbad) is one of the closest beaches to the city center. It's located in the southwest of the island of Södermalm, one of our [favorite Stockholm neighborhoods](#). Easily accessible by public transport or bicycle.

It's a small **sandy beach** in a natural park, with a wooden pontoon. There's also a lovely play area for children.

It's a lovely place to take a dip during the day or enjoy an aperitif at the end of the day, overlooking the buildings of Stockholm's suburbs. A victim of its own success, it can be very frequent on sunny days. You can get there by **metro** to the Horsntull stop (red line), then 5 minutes on foot.

*Small sandy beach, lawn, restaurants and public toilets*

### 2. Langholmen island beach: an oasis in the middle of the city

A second small beach is located on the **island of Langholmen**, west of Stockholm city center, with a small sandy beach and lawn for relaxing (Långholmsbadet). It's also a good option for swimming close to Stockholm.

You can get there by **metro** to the Horsntull stop (red line), then 10 minutes on foot.

*Sandy beach, restaurants and public toilets*

### 3. Wooden pontoon in Hellasgarden nature park

And don't forget to explore the natural parks around Stockholm. The bathing areas are located in the heart of nature. The lakes are generally equipped with wooden pontoons, diving boards and sometimes sandy beaches.

We recommend a visit to the **Hellasgarden nature park**, south-east of Stockholm. Don't expect a beautiful sandy beach, but you can take advantage of the **lovely wooden pontoon** to swim in the lake water, and there's also a sauna.

In [winter in Stockholm](#), it's on this lake that you can go ice skating on natural ice.

How do I get there? The pontoon is located in the **middle of nature**, next to a lake and easily accessible by public transport, in just 20 minutes by bus (bus 401 leaves Slussen every 15 minutes)! A final word of advice: get there early on weekends, as it can get crowded.

*Rocks + pontoon*

#### 4. Tyresta Nature Park

We recommend a second nature park around Stockholm, **Tyresta**, 20 kilometers southeast of Stockholm. A great place to swim [around Stockholm](#).

Like the previous park, you'll find several lakes equipped with a small pontoon. An ideal spot for a swim in the heart of nature.

*Rocks + pontoon*

5. Mälarhöjdsbadet beach on Lake Malaren

A picturesque swimming area southwest of Stockholm, with pontoon and diving board for the brave. Small restaurant and children's playground.

*Sandy beaches, restaurants and public toilets*

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## 6. Beaches of the Stockholm archipelago

If you want to swim in beautiful surroundings, consider a trip to the **Stockholm archipelago**. We loved exploring this corner of Sweden, with its many islets and colorful wooden houses surrounded by greenery.

We recommend a trip to the island of **Vaxholm**, the best-known and closest, about **1 hour's boat ride from the historic center**. We explain how to get there in our article on [visiting the Stockholm archipelago by boat](#).

Once there, you can visit the small town of **Vaxholm** and its **fortress**, then follow the coast to explore part of this still wild island. Weather permitting, you can enjoy a swim on the largest beach at the south-western end of the island (**Eriksö Beach**). Allow 1 day for this getaway!

To **save time**, you can opt for a 2.5-hour [cruise](#), which will give you lovely views of Stockholm and take you deep into its verdant archipelago.

[Find out more about this cruise](#)

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## Swimming pools around Stockholm

As you'll see when you come to Sweden, there are plenty of **swimming pools**, some of which could even be considered water parks. As Swedes have very long winters, we imagine that this is a usual outing when it's raining or very cold.

Around Stockholm, we didn't get the chance to try out any swimming pools. Here are those recommended to us by other travelers: **Centralbadet** is Stockholm's chic swimming pool, and **Kokpunkten Actionbad** to the east of Stockholm, a veritable water park. Don't hesitate to leave us your comments if you try them out.

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For easy access to the main points of interest, we recommend that you [stay in](#) the **Norrmalm** district (the actual city center).

## Map of Stockholm's most beautiful beaches

We wish you an **excellent trip**, and don't miss [Stockholm's museums](#), where you can learn while having fun (yes, it's possible)! The [Vasa ship museum](#) and the [Skansen open-air museum](#) are two museums not to be missed!

Feel free to leave us a **quick note** or **5 stars** below, to tell us if you're planning this trip, to ask any questions you may have, here or on [Instagram](#), we'll get back to you with great pleasure.

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1 avis (5/5)

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