

What to bring back from Stockholm our typical souvenir ideas



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By Floriane

That's the question we asked ourselves during our [stay in Stockholm](#). After 3 months on the road, we wanted to bring back a few souvenirs from our trip to Scandinavia.

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What souvenirs to bring back from Stockholm?

The Stockholm souvenirs we recommend are either **consumable gifts** or useful objects. Here's a list of what we brought back in our suitcases and where to find them in [Stockholm](#).

In Stockholm, **souvenir stores** are mainly located in **Gamla Stan** (the historic district), near the [Nobel Museum](#) and the Palais-Royal. You can buy culinary specialties at the beautiful **Östermalm** covered market.

You'll also find many fine **second-hand stores** in the Norrmalm and Södermalm districts (Arkivet chain). We took a look around and were pleasantly surprised by

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the pleasant layout of the stores. Objects and clothes are neatly arranged by color. It's also a good option for bringing back second-hand gifts.

□ For your stay in Stockholm: [the Birger Jarl hotel](#) is ideally located for visiting **central Stockholm on foot**.

□ [Information and reservation for the Birger Jarl hotel](#)

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Food to bring back from Sweden

Honestly, even if we weren't really convinced by Swedish food, we did find a few specialties to slip into our suitcases.

Sweet Swedish specialty

- **Sweets** : surprisingly, Swedes are among the world's biggest consumers of sweets. As you can see when you go shopping, the **self-service candy aisle** is the size of our wine aisle.

We recommend this confectionery in the historic district of **Old Town Polkagriskokeri ABuwu**. You can watch the candy being made and then buy one or more bags to take home.

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- A **Kanelbullar**, a **soft cinnamon** roll, is Sweden's signature pastry. On the other hand, this brioche cake doesn't keep well, so you'll want to give it as a gift to anyone you see straight off the plane.

You'll find them in every bakery, and we've never been disappointed. We've tasted delicious ones at **Svedjan Bageri** (average price 3-4€).

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Swedish crispbread

- **Knäckebröd** is a **traditional** Swedish dry **crusty bread** made from **rye flour**. In Sweden, it is eaten as savory toast (cheese, smoked fish, etc.) or as sweet toast.

You'll find them in every **supermarket** or covered market, and you won't want to miss them: the packaging resembles a wheel of cheese (priced at a few euros). Our friends and family loved it.

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The Dalarna horse: a decorative object to bring home

If there's one thing you can take home from Sweden and your stay in Stockholm, it's a **Dalarna horse**. It's a beautiful **wooden horse, painted red** and decorated, from the Dalécarlie region (in central Sweden). It was created by lumberjacks for their children. It owes its red color to the copper mines located in the region.

You'll find them in every souvenir store, in various sizes and colors (we recommend the traditional red). Even the Swedes display them on their windowsills at home. It's true that they're really beautiful. In the small village of Nusnas, in Dalarna, you can observe all the stages of creation (prices from €20).

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You'll also find **plenty of designer boutiques** in downtown Stockholm and in the

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Södermalm district.

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A plush toy or figurine

Before we left, friends had already given us a stuffed moose that we called a reindeer, but before we saw one in real life, it's not easy to tell the difference.

We did, however, buy a **reindeer figurine** while we were in Sweden. These are useful toys that children generally play with.

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A book on Swedish culture: Lagom

You'll quickly realize that Swedish culture is very different from our own. More organized, more respectful, the love of beauty is omnipresent, children are considered as beings in their own right and second-hand stores are everywhere in Stockholm.

The Swedes have adopted an **art of living** focused on **well-being** and **happiness** in all its simplicity. This clearly made us want to move to Sweden.

If you'd like to give the gift of a book to introduce people to Swedish culture, we recommend the [Lagom](#) book by author Anne-Thoumieux.

Where to sleep in Stockholm?

For easy access to the main points of interest, we recommend the **Norrmalm** district (today's city center) .

We wish you an excellent stay in the Swedish capital, and don't miss the magnificent [Stockholm archipelago](#) and its interactive [museums](#), where you can learn while having fun (yes, it's possible).

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We wish you an **excellent trip!** Don't hesitate to leave us a **quick note** or **5 stars** below, to tell us if you're planning this trip, to ask any questions you may have, here or on [Instagram](#), we'll get back to you with great pleasure.

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