

How many days does it take to visit Stockholm?



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By Floriane

It's one of our **favorite European capitals**, and we've been lucky enough to visit it several times. Life is easy in Stockholm, the streets are clean and full of trees, and it's a real pleasure to wander around the Swedish capital.

To give you an idea of how the city is organized, we've detailed [Stockholm's different districts](#) in an article. We gathered a lot of information during our stays. Below are our **itinerary ideas** for visiting **Stockholm from 1 to 7 days**.

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To visit Stockholm, we recommend at least **2 days**.

And that's the question we've obviously been asking ourselves. We were pleasantly surprised by the many activities on offer in the Swedish capital. There's something for everyone, summer and winter alike. And yes, Stockholm in winter is also a great idea.

- In **1 day in Stockholm**, you'll have time to see the essentials, i.e. the historic center (**Gamla Stan**) and its main monuments from the outside: the **Stockholm Opera House**, **Stortorget** Square, the **Nobel Museum** and the **Palais-Royal**, then watch the **Changing of the Guard**. Then we recommend the **Vasa Museum**, for which we advise you to book your ticket in advance to save time.
- In **2 days in Stockholm**, we recommend you visit at least **2 museums**. In particular, the Skansen Museum (located next to the Vasa Museum) and another venue, such as the **Abba** or **Viking Museum**. Then cruise the Stockholm archipelago.
- In **3 days in Stockholm**, we devoted an entire article to our 3-day stay in Stockholm, which you can read [here](#).
- For **4 days or more**, we also recommend exploring Stockholm's surroundings.

We suggest you take your time to observe the pretty, colorful houses, enjoy the many green spaces and interactive museums. To help you choose the museums that interest you, we've detailed [Stockholm's various museums in an article](#).

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Stockholm in 1 day

The main sites to see in 1 day :

- **Gamla Stan** (historic center)
- **Stockholm Opera**
- **Nobel Museum**
- [Palais Royal](#) and changing of the guard
- **Vasa Museum** (and Skansen)
- **Rooftop**: Norrmalm district (modern city center)

If you've only got one **day** to spend in Stockholm, we suggest you take advantage of it to explore the **Gamla** Stan district on foot, the historic center, on a [guided tour](#) for example. From the outside, you can admire the **Stockholm Opera House**, the **Nobel Museum** and the **Royal Palace**, then watch the Changing of the Guard. For lunch you can stop off at the **Hermitage** restaurant, to enjoy the vegetarian buffet.

In the afternoon, we recommend you take public transport to the Museum Island (Djurgården Island) to visit the [Vasa Museum](#) and the nearby **Abba** or **Skansen** Museum, before exploring Stockholm's present-day city center in the Norrmalm district. At the end of the day, you can enjoy a drink on one of the local **rooftops** (Tak or Urban Deli).

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Stockholm in 2 days

Stockholm is also known as the Venice of the North, and a boat tour of the [Stockholm archipelago](#) is a must for stays of more than 1 day.

The main sites to see in 2 days:

- Djurgården Island: **Vasa Museum** then [Abba Museum](#) or **Skansen** Open-Air Museum
- **Gamla Stan** (historic center), **Stockholm Opera House**, [Nobel Museum](#), **Royal Palace** and Changing of the Guard
- **Rooftop**: Norrmalm district, modern city center
- Viewpoints: Södermalm
- Stockholm Archipelago

Here are our itinerary recommendations for visiting Stockholm in 2 days.

Day 1: We recommend a trip to the Museum Island on Djurgården Island to visit the must-see **Vasa Museum**, followed by the **Abba Museum** or the [Skansen Open-Air Museum](#). The island is also home to **Stockholm's Grona Lund** funfair, where you can ride a merry-go-round with your feet in the water. You can then explore Stockholm's modern city center (Norrmalm district).

Day 2: We recommend visiting **Gamla Stan** in the morning, followed by a tour of the **Stockholm archipelago** in the afternoon. Then, in the late afternoon, the Södermalm district for beautiful views of the Swedish capital. In this district, you can also visit the **magnificent [Museum of Photography](#)**, and at the end of the day, you'll have a beautiful view of the city from the terrace.

□ [Hotel Birger Jarl](#) is ideal for your stay in Stockholm!

If you'd like to visit more than 4 museums, we recommend the [Stockholm go city pass](#).

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Stockholm in 3 days

The main sites to see in 3 days:

- Djurgården Island: **Vasa Museum** then **Abba Museum** or **Skansen** Open-Air Museum
- **Gamla Stan** (historic center), **Stockholm Opera House**, **Nobel Museum**, **Royal Palace**, Changing of the Guard and [souvenir stores](#)
- **Rooftop**: Norrmalm district, modern city center
- Viewpoints: Södermalm district
- Östermalm food market
- Stockholm Archipelago
- Stockholm Metro
- Kungsholmen district: [Stockholm City Hall](#)

We've detailed our **3-day** Stockholm itinerary in an article you can read [here](#).

Day 1: Discover the city center (Norrmalm district) and historic center (Gamla Stan district), on foot or [by bike](#)

Day 2: Discover two small havens of peace, on the islands of Djurgården and Södermalm

Day 3: Set sail in the Stockholm archipelago and discover its metro stations

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Visit Stockholm in 4, 5, 6 or 7 days

We recommend that you follow our 3-day itinerary and then add 1 day in Stockholm to visit **Stockholm City Hall**, an additional museum such as the **Museum of Photography**, the **Royal Palace** or the **Natural History Museum**...

We also recommend taking **1 or more days** to explore the Stockholm area. We've detailed all the possible excursions in an [article you can read here](#).

If you're more of a city person, we recommend you [visit Uppsala and Sigtuna](#), while if you're more of a nature-lover, you'll find what you're looking for in one of the many nature parks around Stockholm, with a beach in fine weather or a natural ice rink in winter. You can also plan a day in a typical Swedish sauna.

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When is the best time to visit Stockholm?

When to visit Stockholm? The Swedish capital, located in **south-central Sweden**, enjoys mild, rainy summers and long winters. Temperatures and light levels drop drastically in early November.

Temperatures can reach **-20 degrees** in December, January and February, with an annual average of 0°C during the winter months.

But we can reassure you that with the right equipment, it's a real pleasure to visit the Swedish capital.

We had **3 beautiful days in the middle of summer**, just one rainy morning which we spent visiting museums. It's also worth noting that the Swedes are completely **accustomed to** these harsh winters, and everything is adapted to get around even in the snow. We also loved our [visit to Stockholm in winter](#).

Where to sleep in Stockholm?

For easy access to the main points of interest, we recommend that you [stay in](#) the **Norrmalm** district (the actual city center).

Coup de coeur

[Hotel Birger Jarl](#): **Noormalm** district: the hotel's location is perfect for visiting **central** Stockholm on foot. In a beautiful, completely renovated building, our accommodation was spacious with a mini fridge and carefully decorated, excellent **value for money** where you'll feel right at home. We would definitely go back. (with breakfast)

[View Hotel Birger Jarl rates and availability](#)

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Renovated apartment

Biz Apartment Hammarby Sjöstad: in the **Södermalm** district (one of our favorites), we hesitated for a long time before choosing this well-located accommodation. It's an apartment, so it's easier to cook than in a hotel. The building has been completely renovated.

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[View Biz Apartment rates and availability](#)

Our good addresses on our map

We've listed all the above places and addresses on a [Stockholm map](#) to help you find your way around.

We wish you an **excellent trip!** Don't hesitate to leave us a **quick note** or **5 stars** below, to tell us if you're planning this trip, to ask any questions you may have, here or on [Instagram](#), we'll get back to you with great pleasure.

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0 avis (0/5)

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